



Nature Journal page by Sandra Morris

## NATURE JOURNALING

**TWO DAY Art Workshop at the Southland Community Nursery in Otatara**

**With Sandra Morris & Jo Ogier**

**Saturday 7th March and Sunday 8th March 2020**

**Cost \$100 for 2 days, payment in advance. To book email Chris at [rances@southandcommunitynursery.org.nz](mailto:rances@southandcommunitynursery.org.nz)**

### **CLASS DESCRIPTION**

#### **Introduction to Nature Journaling**

Longtime friends and sketching buddies Jo & Sandra are combining to teach a 2 day Nature Journaling Workshop in March 2020.

For us Nature Journaling is a wonderful way of making your own study of the Natural World around you. The main emphasis is on YOUR observations of nature - recording and reflecting on what you have seen or discovered.

This fun and interactive workshop will help you begin or extend your nature journaling skills. With a focus on discovery and developing your observational drawing & painting skills. With the fantastic and extensive walkways developed by Chris and Brian at the doorstep of the Southland Community Nursery and Education Centre we will be spoilt for choice and will explore capturing botanical subject matter along with local wildlife including birds and insects.

**The weekend workshop will include:**

Sketching birds – working from basic shapes to develop form and the use of rapid line to capture birds in flight.

How to sketch moths and insects using pen and wash.

Botanical subject matter will be explored through coloured pencil and watercolour techniques, including wet on wet for leaves and berries and how to blend colours. Along with the mixing cool and warm colours and how to use them to your advantage to create volume and perspective.

Guidance on working in the field, composition, page layout, fun ways to create themed based text and suggestions of other exercises will also be given. Different approaches to nature journaling and mediums will also be explored further through examples and experimentation.

**Materials for the students to bring**

- Various pencils 2H, HB, 2B
- Rubber - kneadable and plain
- A Good quality sketch book you wish to make into you Nature Journal This is a personal choice (Pick one with heavier weight paper if you like working with washes or water colour – smoother paper will give you the most detail, especially with colored paper). I find it is a good idea to have a size that is really portable I tend to use A4 or smaller. Another option is to work on loose sheets of good quality smooth watercolour paper and bind them into a book at a later stage if you have the skills. Good brands are Moleskine, Stillman & Birn - Zeta series and Daler-Rowney with smooth heavy paper, Windsor and Newton (Hot Press).
- Other pencils, such as graphic tint or pitt pencils – ONLY IF YOU HAVE THEM
- A medium to work in colour with – eg. colour pencils or  
Watercolour paint - 2 containers for holding water if necessary - 2 x sable water colour brushes 1 x short haired fine (0 or 1) 1 x mid-range (3, 4 or 5 - They should have a good point!). A “Zig Waterbrush pen” is a good alternative for working in the field.
- Palette for paint – white china plates are great
- Ruler
- Dividers if you have them
- 1 x fine tipped waterproof black drawing pen suitable for sketching and applying water colour washes to 0.05 staedtler pigment liner.

- Magnifying glass if possible
- Sharp craft knife



## Sandra Morris

Sandra is a Whanganui based author and illustrator of children's natural history books as well as a botanical artist and a keen nature journaler.

She gained her MFA at Elam School of Fine Arts (Auckland) in 1990 and in 1995 attended the University of Newcastle in Australia to complete a Post graduate diploma in Plant and Wildlife Illustration.

After many years working in educational publishing and tutoring at Massey School of Design in Albany, Sandra now directs the Sandra Morris Illustration Agency. She is a keen supporter of community education having taught for many years at Auckland University Continuing Education and currently at Selwyn Community Education in Auckland and Community education Whanganui. Sandra is a member of the Botanical Art Society of NZ and the Botanical Art Society of America. Sandra has taught many workshops on Nature Journaling for both children and for adults.

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## **Jo Ogier**

Jo is an Master of Fine Arts graduate from the Otago School of Art (2000), and also holds a Graduate Diploma in Plant and Wildlife Illustration (NSW Australia 1995), along with a series of scholarships and awards - including the William Hodges Fellowship awarded to the artist in 2000.

She has exhibited extensively in New Zealand and in several group shows internationally. Her work is held in public and private collections throughout New Zealand. Jo has also completed a number of large scale commissions for The Otago Museum, The Nelson Provincial Museum and The Department of Conservation.

Her work is primarily concerned with issues of conservation and ecology. Jo currently works full time on her art and lives in Sumner, Christchurch with her husband and two dogs.

[www.JoOgier.co.nz](http://www.JoOgier.co.nz)