





Natural Body Products Workshop

Come along and have some fun making your own beautiful natural body products with **Honorlea Massarella** - qualified Cosmetic Formulation Chemist (Dip Cos Chem)

Collect and use your own natural materials and learn about those plants to use and those to stay away from. Learn about natural products that are good for your skin, good for your body and good for the environment

What you will make to take home.....

- Lip Balm
- Bath Salts
- Salt scrub
- Massage/moisturising bar

Date - Saturday 21 May 2016

Location - Southland Community Nursery Education Centre (SCN) (185 Grant Road, Otatara - park at 183 Grant Road – <u>www.southlandcommunitynursery.org.nz</u>)

Time - 9.30am- 2.30pm (Limited to 10 people)

Cost - \$60 - subsidised by SCN (includes tutoring and product materials - essential oils, beeswax, salts, macadamia oils, cocoa butter, coconut oil, plant materials, jars)

What to Gring – Lunch to share (tea and coffee provided)

Booking essential - contact - Chris 03 2131161 or email rances@ihug.co.nz

Hello my name is Honorlea.....

I have been living in NZ for 3 years learning about the plants we have around us, especially the Native ones and recognising plenty of useful weeds also. I have a background in Horticulture, Forestry and Nontimber Forest Products and previously lived in Darwin Australia, working in Aboriginal Communities with Women from all over the Northern Territory for over 10 years, supporting them in their business ideas based on Land Management practices. Assisting people to develop Body products and Bush medicines and having the privilege of learning about the importance of our natural environment and how plants can benefit us in so many ways as well as learning about the ones to stay away from.

I ran my own business in the Northern Territory making Soap from Crocodile oils which was especially popular with tourists. I am enthusiastic about making my own cosmetics and keen to share my knowledge with others of how easy it is to make simple products for yourself.

Honorlea Massarella: Diploma as Cosmetic Formulation Chemist (Dip Cos Chem)

Come along and have some fun making your own beautiful natural body products, all you need to bring is some lunch to share with others, everything else is provided on the day!

Program.....

9.30am - A brief overview and introduction

10am - Make lip balm

10.30am - Have a cuppa and a chat

11 am - Brief walk around garden looking at useful plants

11.20am - Make Bath Salts

12 until 1pm - Share a yummy lunch together

Ipm until 2.30pm - Make Salt Scrub and Massage/moisturising bar

Also available to purchase on the day - some product packs for people to purchase materials to take home to make more products.

